

Kindness BINGO

Ask someone new to play at recess.	Hold the door open for someone.	Write a kind note to your mom and dad.	Let your brother/sister play with one of your toys.	Give someone a compliment.
Leave a note in a library book.	Clean up your room without being asked.	Look each person you talk to today in the eye.	Draw a picture and give it to a friend or neighbor.	Give a hug to each member of your family.
Choose an area to pick up litter.	Tell your parents you love them.		Tell a joke.	Write a kind note to your teacher.
Say thank you to the bus driver and lunch ladies.	Teach someone something new.	Compliment a stranger.	Put your plate in the dishwasher after eating.	Call your grandma or grandpa just to say hi.
Donate clothes you have outgrown.	Write a kind note to a classmate.	Put every item you use in the recycling bin.	Listen a friend's story without telling your own.	Give five High-5's today!